REGISTRATION FORM
For online registration and payment, go to www.pnamdc.org

NAME
ADDRESS
CITY / STATE / ZIP
PHONE NUMBER
EMAIL ADDRESS
PROFESSION (RN, LPN, MD, etc.)
PROFESSIONAL LICENSE / STATE

COST
Late registration fee of $10 applies after 10/10/19

☐ $55.00 Member Cost
☐ $75.00 Non-member Cost
☐ $40.00 Student Discounted Rate
☐ $120.00 1-year membership + seminar registration

PAYMENT OPTIONS
☐ Check (to PNAMDC, Inc.)
☐ VISA
☐ Mastercard

CARD NUMBER EXPIRATION DATE

BILLING NAME/ADDRESS (IF DIFFERENT FROM ABOVE)
Please enclose full payment with this registration form and mail to: PNAMDC
c/o Mizpah Amados
16621 Radcliffe Lane, Woodbridge, VA 22191.

PNAMDC, INC
9400 Concord Drive
Upper Marlboro, MD 20772
(301) 648-2761
www.pnamdc.org

PNA Metro DC
Fall Conference

AIM HIGH
Advocacy
Inclusivity & Diversity
Mentorship

October 19, 2019
7:00 AM – 4:30 PM
Doubletree by Hilton Mclean Tysons
1960 Chain Bridge Road
Mclean, Virginia 22102
PNAMDC presents its 5th Fall Conference on AIM: Advocacy, Inclusivity/Diversity and Mentorship

This full day conference will feature speaker presentations focused on how nurses can achieve their maximum potential through advocacy, inclusivity and diversity and mentorship on topics such as:

- Taking a quantum leap into the future through advocacy and nursing practice
- Promoting a culture of diversity and inclusivity in the nursing workforce
- Evidence based practice
- Identifying depression across the lifespan
- Exploring the value of mentorship in nursing
- Organ transplantation journey from the patient and caregiver perspective
- Dimensions of Dementia

At the end of the conference, participants will be able to:
1. Identify the multiple opportunities that nurses can advocate for their patients, in their practice settings, and in their local and global communities
2. Describe effective approaches in promoting a culture of inclusivity and diversity in our work environment
3. Demonstrate and apply evidence-based practice in clinical settings.
4. Identify the signs and symptoms of depression across the lifespan and describe the management of patients with depression.
5. Identify the values and benefits of mentorship and its important role in nurses’ professional growth and career development.
6. Describe the patient and caregiver experience on organ transplantation
7. Describe the emerging trends in the clinical management of Alzheimer’s and Dementia

PROGRAM DESCRIPTION & OBJECTIVES

PROGRAM SCHEDULE

7:00-8:00 Registration /Continental Breakfast /Exhibits
8:00–8:05 Welcome - Lourdes Careaga, MSN, RN, CMSRN, NE-BC
8:05–9:00 Advocacy: A Pillar of Professional Nursing Practice and Social Commitment
Vicky Navarro, MSN, RN
Nurse Surveyor, Joint Commission International
9:00–10:00 Diversity in the Nursing Workforce
Fadia Feghali, MS, RN, NE-BC
CNO, Associate Vice President
Inova Alexandria Hospital
10:00–10:15 AM BREAK / EXHIBITS
10:15–11:15 Are you Sleeping? The Journey from Clinical Question to Evidence Based Practice
Ralph Thadeus Tuason, BSN, RN
Research Nurse Specialist, NIH
11:15–12:15 Depression Across the Lifespan
Maria Lee Trent, MD
CEO, Elite Excellence Psychiatry
Child & Adult Psychiatry
12:15–1:00 LUNCH With Atty Arnedo Valera / EXHIBITS
1:00–2:00 Who is Your Future? Mentorship in Nursing
Lori Stellwag, DNP, RN, NE-BC
Asst. Vice-President, Quality, Safety & Practice Excellence
Medstar Georgetown University Hospital
2:00–3:00 Organ Transplantation: A Patient & Caregiver Perspective
Lesley Compagnone
Director of Community Affairs
Washington Regional Transplant Community
3:00–3:15 PM BREAK / EXHIBITS
3:15–4:15 Dimensions of Dementia
Yasar Torres – Yaghi, MD
Director, Parkinson’s Disease and Dementia Clinic
Assistant Professor, Neurology
Medstar Georgetown University Hospital
4:15 – 4:30 EVALUATION / SILENT AUCTION

ACCREDITATION

To obtain the contact hours associated with the courses, the healthcare professional must be registered to attend the conference and complete the program evaluation form at the end of the conference.

ABOUT PNAMDC

PNAMDC is a professional organization of Filipino – American Nurses in the Metropolitan DC area (PNAMDC) whose goals are to uphold the positive image and welfare of its constituent members, promote professional excellence and contribute to significant outcomes to healthcare society

EDUCATIONAL COMMITTEE

President: Lourdes Careaga, MSN,RN,CMSRN,NE-BC
Chair: Joy Arellano, BSN, RN
Co-Chair: Joy Arellano, BSN, RN
Exhibitor Coordinator: Violeta Imperio, BSN, RN
Social Media / Marketing: Carol Robles, BSN, RN
Registration : Mizpah Amados, BSN, RN
Carol Robles, BSN, RN
Silent Auction: Linda Cabacar, BSN, RN
Elsa Aquino, BSN, RN
Prima Colburn, BSN, RN

For additional information or question, please contact:
Aida Imperio at 703-677-2851 or imperioaida@yahoo.com
Joy Arellano at 301-520-5189 or miarellano19@yahoo.com

The Philippine Nurses Association of America Foundation is approved by the California Board of Registered Nursing, Provider Number 14134. Contact hours pending approval.