



MEMBERSHIP ENGAGEMENT GOAL

- The membership target goal of over 100 was met since the last report in 2013. Prima Colburn, Chairman of the Membership Committee had set-up strategies for recruitment and retention of members. One PNAMDC officer, Tess Samoy is over 20 years of active membership. One of our members Marissa Gurango recruited 5 new members in one night.
- Our FaceBook page has hundreds of visitors. Carol Robles, our Treasurer, maintains the site and is doing an excellent job. PNAMDC Website and emails are sources of communication for members. Our Website Administrator and Chair of the Committee is Nora Mendoza. New members have applied online thru our website and PayPal service.
- PNAMDC Hospital Representatives and Phone Tree communication system are in place.
- Our annual publication "The Filipino-American Nurse" under the leadership of Alice Andam is being distributed to our members and PNAA conferences. Planning for the Electronic copy of our newsletter is in progress. We continue to utilize and distribute our PNAMDC Membership brochure.
- Birthday celebrations of members are acknowledged with PNAMDC mug and cake during our monthly Executive Board Meetings.
- Annual Family Picnic under the chairmanship of Alicia Calayag continues to be popular.
- Rose de la Pena, Chairperson for Health Screenings and First Aid Services continue to provide services in VA, MD and Washington, DC with a core of PNAMDC volunteers. Awards were given to deserving officers and members with the assistance of Emma dela Rosa, Chair of the Award Committee.

PNAMDC Wellness Initiatives

- The monthly program of Healthy Weight, Body, Mind and Spirit initiative are attracting support and interest under the Chairmanship of Lourdes Careaga. Awareness about healthy lifestyle has been raised and questions such as "is this food part of our Wellness Initiative?" were often asked when foods were served during our executive meetings. Dr. Philip Dimayuga, our very own Medical Mission Chief Medical Officer launched the Wellness Initiative with a presentation on Body Mass Index and Dance Therapy. The topic "Healthy Kidneys" was presented by noted nephrologist in the area, Dr. Bala Subramanian and a 1.0 nursing CEU was provided to all the attendees. A Registered Nutritionist, Mrs. Aida Bacarra also presented on Diabetes Awareness. Lastly, our very own executive officers that are experts in their own fields were speakers: Emilie Dearing, Joy Arellano, Lourdes Careaga, and Nora Mendoza. Other active members of the initiative are Zeny Amado and Co-chair Alicia Calayag.
- Under the Chairmanship of Lorna Imperial-Seidel with Co-chair Vivian Sola, PNAMDC launched our first 3K fun walk/run on September 6, 2014. The event was well participated by members, friends, family members as well as the community at large. Everyone who finished the walk/run was given a "Finisher Medal" to honor his or her accomplishment and commitment to wellness. Trophies were awarded for first, second and third prize winners. The granddaughter of our very own President-elect, Joy Arellano, garnered the second prize. Member Christine Pabico won third place.
- The Fundraising activity for the Trinidad Padama Memorial Scholarship Fund was held at the Washington Nationals baseball park against Atlanta Braves on May 9, 2015 with our "collaborates", National Association of Hispanic Nurses, Washington DC chapter, Black Nurses Association, of Greater Washington DC area, Virginia Nurses Association and Maryland Nurses Association. Resurreccion Jao is the Chairman for the scholarship committee.

Practice Development

- Led by our expert educator and Chairman of the Educational Committee, Emilie Dearing, PNAMDC provided the PNAMDC Education Conference "Light the Fire Within Part 2: Empowerment and Engagement thru Policy, Collaboration and Practice on October 4, 2014. A 7.5 CEU was awarded for nursing participants. Presenters were two national leaders Priscilla Huang, JD, Policy Director of Asian and Pacific Islander American Health Forum and Dr. Dina Krenzischek of PNAA and PNA-MC. The Dance Therapy was launched during the first Educational Conference and followed thru the Wellness Initiative and succeeding educational conferences.
- Created and promoted the PNAMDC Reference Manual to establish guidelines for organizational programs, services, events, and functions in order to provide consistency and efficiency with measurable outcomes.



- Participated in the PNA 2014 National Convention in Las Vegas, Nevada on June 2014. PNA Executive Board approved the bid for the 2016 PNA National Convention in Washington DC (applied for during the 2013 PNA National Convention in Cleveland, Ohio).
- Attended the 2014 PNA Regional Conference in Atlantic City, New Jersey. During the conference, PNAMDC was the recipient of the 2014-2016 "PNA Transformation Award". The award reflects the theme of the current President Letty Hermosa, "Lead, Empower and Transform".
- PNAMDC will host the 2016 PNA 37th National Convention Washington DC, at Grand Hyatt Washington Hotel, July 19-24, 2016. PNA and PNAMDC Planners are now actively engaged in mapping for a great Educational Theme, Networking meetings and Celebration events.
- PNAMDC collaborated with the Liceo de Cagayan University, Cagayan De Oro City, Philippines and signed Memorandum Of Agreement for our new 2015-2017 global educational outreach program designed to exchange information for the academic development and clinical practice of their students in School of Graduate Studies (Master of Arts in Nursing) and the College of Nursing. Emilie Dearing presented the first educational forum for this new outreach during the Medical Mission.

Collaboration with Social Action

- PNAMDC supported the Philippine Embassy, Washington DC, Philippine-American Society and Philippine Humanitarian Coalition in their "After the Storm" fundraising event in 2014 for the victims of the Typhoon Haiyan.
- PNAMDC supported the FRA (Fleet Reserve Association) Eastern Region Major Midyear Meeting hosted by FRA Branch 1V. Participated in their Cultural presentation.
- PNAMDC is a proud recipient of the FRA Branch IV donations for our Medical Missions.
- PNAMDC supported and attended the MHC Misa Nang Bayan, Asian Festival, and June Gala Ball 2014.
- PNAMDC supported and attended the PAFC Christmas Celebration, 2014.
- PNAMDC is the recipient of the PAFC grant for our PNAMDC Trinidad Padama Memorial Scholarship Fund.
- PNAMDC attended the Zambaleneos Induction of Officers 2014-2017.
- PNAMDC is the recipient of the Zambaleneos donation for our Medical Mission in Iba, Zambales, and Philippines.
- PNAMDC attended and supported the American Diversity Group during their Health Fair in Gaithersburg, MD on April 26, 2015
- PNAMDC attended and supported the White House Summit on Asian American and Pacific Islanders Initiative, May 12, 2015.
- PNAMDC provided donation for the Georgetown University, Department of Theology International Conference on Vatican 2: Honoring the Future, May 21-22, 2015. Three Cardinals were present including our very own His Eminence Cardinal Tagle. Some PNAMDC officers attended the May 22 conference.

Community Outreach

- Completed our 13th Medical Mission to Cagayan de Oro, Philippines in January 2015, led by our Medical Mission Coordinator Alice Andam with the assistance of auxiliary member Precious Andam. The Medical Missions of 13 years have been attended by a number of Physicians and Team Leaders. To name a few, they are Teresita Delima, our very own Recovery Room Nurse, Elsa Aquino, Operating Room Nurse, Marissa Usman, Pharmacy Department and Mila Cariaga, Medical Outpatient services. We were so saddened by the death of our beloved and long-time Medical Mission volunteer, supporter and donor Dr. Archimedes Jao when we received the news of his death during the Medical Mission in Cagayan De Oro.
- Four orphans of Typhoon Haiyan were adopted by PNAMDC with the goal of supporting and monitoring their education and safety. PNAMDC received a grant from the Philippine Humanitarian Coalition Supporting Orphans for the Prevention of Human Trafficking for this purpose. Alice Andam, our Medical Mission Coordinator, led this effort.
- Provided Health Screenings at St. Columba Church and to the residents of Mrs. Philippines Home for Senior Citizens, Oxon Hill, MD. Provided free flu shots to the parishioners of St. Columba Church.



Financial Goals

- Ensured that the 501C (3) status of PNAMDC is in proper standing thru the tireless efforts of PNAMDC Chairman of the Board, Diana Comisio.
- The year-end financial reports were completed by Carol Robles PNAMDC Treasurer and audited by Febes Galvez, Auditor.
- The service of a Certified Public Accountant is in place to review the tax report and other documents. The 2014-2015 budget is balanced.